



Extension

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Quarterly Report



To: Board of County Commissioners

This quarterly report summarizes major educational programming in the third quarter of 2016 from Southeast Area Extension. The mission of CSU Extension is to provide information and education, and encourage the application of research-based knowledge in response to local, state, and national issues affecting individuals, youth, families, agricultural enterprises, and communities of Colorado.

We are grateful for the continued support of the counties. If you have any questions, suggestions or would like more specific information about these or other Extension programs, feel free to meet with any member of our staff.

2015-16 Wheat Collaborative On-Farm Test (COFT)

Beginning on June 30, 2016 and continuing throughout the month of July SEA Agronomist Kelly Roesch, assisted with harvest of eight SEA wheat producers that had planted wheat variety COFT plots in the fall of 2015 with the cooperation of former SEA Agronomist Wilma Trujillo. The five varieties in the 2015-16 test were: Avery, Byrd, Denali, Sunshine and WB-Grainfield. The average yield from 20 test plots state wide are as follows:

Summary of 2016 COFT Variety Results (20 tests included)

Variety	Yield ^a bu/ac	Test Weight lb/bu
Sunshine	69.0	58.8
Denali	66.3	58.7
Avery	64.9	57.9
WB-Grainfield	64.7	59.2
Byrd	63.6	58.2
Average	65.8	58.6
LSD _(0.30)	1.7	0.3

^bYield corrected to 12% moisture.

Additional information on the wheat and other crop trials performed by Colorado State University can be found at the Crop Testing website:

<http://www.extsoilcrop.colostate.edu/CropVar/index.html>

Agriculture and Natural Resources



New Colorado State University Wheat Variety Named

Colorado State University wheat breeder Dr. Scott Haley and his team develop wheat varieties with two main objectives in mind: 1) yield and yield stability, which includes stress tolerance, agronomics and disease and insect resistance; and 2) end-use quality, or more specifically, milling, dough mixing and bread baking. Since 1973, the CSU wheat breeding program has released 39 new wheat varieties with the 2016 release of PlainsGold® Langin being the 39th.

Langin is an early maturing semi-dwarf hard red winter wheat. It was developed from a cross between a CSU unreleased variety CO050270 and Byrd. While in the testing phase, Langin had higher dryland yields relative to Byrd, Colorado's most popular wheat variety in 2015 and 2016. Langin has good winter hardiness, drought stress tolerance and test weight. It has moderate resistance to stripe rust, significantly better than Byrd, Avery and Denali. Like its parent Byrd, Langin is resistant to prevalent biotypes of the wheat curl mite, which is the vector of wheat streak mosaic and other viruses. Langin also has resistance to the wheat soil-borne mosaic virus, wheat spindle streak mosaic virus complex. Good milling and baking qualities complete Langin's list of superior traits.

Ed Langin, his wife Pat, and their four children moved to Walsh, CO in April 1967 to begin Ed's career as the Assistant Agronomist at the Southeastern Colorado Branch Experiment Station in Springfield. Ed was responsible for the irrigation project at Walsh and, while serving in this capacity, research projects were expanded to include variety testing, irrigation scheduling and fertility testing. Ed continued in this capacity as the Agronomist-in-Charge until 1970 when he left the Springfield station to become Superintendent of the Colorado State University Northern Colorado Research-Demonstration Center in Greeley. Ed returned to his former position at the renamed Southeastern Colorado Research Center-Springfield a year later.

In March 1973, a push by local growers to have a farm-scale research facility and a projected cut in state appropriations for CSU research combined to give birth to the idea of a locally supported research foundation. Ed invited several local growers to a meeting at the Colorado State Bank in Walsh to explore the idea. The group collectively decided that a research foundation was feasible. The effort to form the foundation was given a significant boost in August 1973 when an anonymous donor (later identified as Bernard Neill) pledged \$10,000 in matching funds. Following a series of meetings, Colorado State University Dean of the College of Agricultural Sciences, Donal Johnson, officially sanctioned Plainsman Agri-Search Foundation on March 22, 1974 and authorized Ed Langin as the Foundation's first manager.

Ed led the Foundation's research efforts, initially utilizing leased land, and then spearheading the Foundation's effort to purchase 480 acres in 1981. Two additional 160 acre parcels of adjoining land were purchased in the late 1990's, giving the foundation a total of 800 acres that constitute the present research center located north of Walsh, Colorado, renamed the Plainsman Research Center in 1990.

In July 1987 Ed was named the Southeast Area Cooperative Extension and Research Director at Lamar, while still retaining his position as Superintendent of the Plainsman Research Center in Walsh. Ed made the 60 mile journey from Lamar to Walsh until Kevin Larson was hired as Superintendent of the Research Center in 1988. Ed worked as the Southeast Area Director until his retirement from Extension. After his retirement, Ed enjoyed spending time with his wife, children and grandchildren and worked as a crop insurance adjuster until his death in 2006.

"Following Ed's passing in 2006, I recall Kevin Larson (current Plainsman Research Center Superintendent) telling me what a great guy Ed was and what an impact he had made, so I told Kevin that I'd find a wheat variety someday to name after him. The variety does seem to have done well in Southeast Colorado where Ed lived and worked. I've heard nothing but good things about Ed Langin, from wheat producers and CSU people alike, so I'm really glad that we have been able to honor him like this," stated Dr. Scott Haley.

Foundation seed of the new variety Langin was released to seed producers in August 2016. Under an agreement established with the release of the variety 'Halt' in 1994, Langin has been transferred to the Colorado Wheat Research Foundation (CWRF) for marketing under the PlainsGold® brand. As with other such varieties, a small royalty from the sale of certified seed is collected by seed growers which is returned to CSU to support additional wheat breeding and wheat-related research activities. Since CWRF's inception in 1994, over \$4.2 million in royalty funding has been returned to CSU from this program.

Beef Quality Assurance

Southeast Area Extension now has two agents certified as trainers for the Beef Quality Assurance (BQA) program. Mallory Sikes has been a trainer since last spring and Bruce Fickenschler completed the Train the Trainer program in September.

Colorado State BQA coordinator Libby Bigler, Logan County Extension Agent Kacy Atkinson, and Golden Plains Area Livestock Agent Chris Shelley trained attendees on the available material along with training aids for presentation to beef producers. A portion of the training includes actual chute side demonstrations on proper techniques, locations for administering injectable products, and proper animal handling.

The Colorado BQA program is sponsored by the Colorado Beef Board with beef checkoff dollars. With the increasing demand of wholesalers, retailers, and consumers for increased transparency from the livestock industry, the program is an industry





Beef Quality Assurance (continued from page 3)

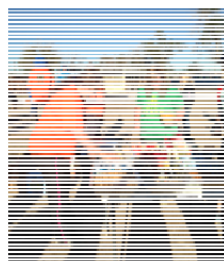
wide effort to make sure all producers are following approved and consistent guidelines. Basic instruction is offered to all producers - cow/calf, stocker, and feedlot - owners and employees. Instruction covers basic animal handling, proper injection site application and management, and the importance of a veterinary/client relationship. The new Veterinary Feed Directive (VFD), which takes affect soon and requires a written prescription from a licensed veterinarian for the purchase of specific drugs is also discussed.

A second part of the program provides producer participants with the documentation and records needed for keeping track of animals and processes used while the animals are in their care. Individual producers or organizations are encouraged to contact Ms. Sikes at the Baca County Extension Office (719-523-6971) or Mr. Fickenscher at the Crowley County Office (719-267-5243) or the Otero County Office (719-254-7608) for more information or to schedule a training session for themselves or their employees.

Pedal the Plains



The fifth annual Pedal the Plains returned to Southeast Colorado again this year. Sponsored by the Governor's Office of Economic Development and the Denver Post, the ride brings over 800 bicyclists plus support personnel and families to the area, representing thirteen states and two countries. It has been three years since the ride has been in Southeast Colorado. This year the start and finish occurred in Ordway and covered three counties - Crowley, Otero, and Bent. Overnight stops were hosted by Fowler and La Junta, where participants were offered various entertainment venues including live bands, street dances, athletic events, and local food offerings. Each year, three communities along the route are selected as overnight host. It is estimated, that over the five events, approximately \$2 million dollars has been infused into the host communities of the eastern plains.



Along with sponsors and vendors specific to the bicycling industry and sport, state and regional commodity groups also play a big part in making the ride a success. These groups include Western Dairy Association, Colorado Wheat Growers, Colorado Cattlemen's Association, Colorado Pork Producers, Rocky Ford Growers Association, Colorado Potato Growers, etc. These groups offer financial support as well as food products offered at the stops and along the route to keep riders hydrated and fueled up for the task at hand.



Aid stops were planned along the three day route offering riders water and snacks, educational stops informed riders about specific sites or activities associated with each specific stop, and lunch stops at the days midpoints offered a time to relax and refuel for the rest of the ride that day. Various 4-H clubs from Crowley, Otero, and Bent counties manned the aid stops and area FFA chapters manned the lunch stops. A huge

thank you and kudos go out to all Southeast Area youth who assisted and participated in the event. All of the reports and evaluations that have been submitted from ride participants have been very positive, with several of the riders who have been on all five rides saying this was the best one yet!

As an added plus, both youth organizations received very generous donations from the Pedal the Plains organization to promote and expand the youth programs in Colorado and the Southeast Area. We wish to thank the Pedal the Plains organization for coming to Southeast Colorado and allowing us to showcase what we have to offer.

Western Heritage Camp at Boggsville

Nine youth and 6 leaders attended the inaugural 4-H Western Heritage Camp held at Boggsville in July. Western Heritage is a new discipline in the Shooting Sports project that focuses on old west history. What better place to hold the first camp than Boggsville, one of the first non-military settlements in the area? Participants visited the John Rawlings Heritage Center, helped build a horno, had a meal of hardtack and jerky, slept in tents, and had fun learning history. A Bent County 4-H member spoke to the group about women's life on the Santa Fe Trail. Extension Agent Kaye Kasza helped with arrangements and had fun learning with the members.

Bent County Fair

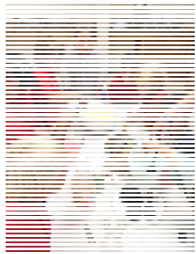
Over 100 Bent County 4-H and FFA members had projects evaluated at the Bent County Fair. While the fair is a competitive event, its primary focus is education as members learn how to improve their exhibit. Judging focuses on teaching the members while evaluating their exhibit. Activities at the fair also teach leadership and citizenship. Prior to the fair, 4-H and FFA members spent an evening sprucing up the fair grounds to help show off Bent County at its best. Several 4-H members learned leadership skills by assisting as junior superintendents. Members improved public speaking and organizational skills as announcers at many events. Exhibitors helped other exhibitors with their project, even though they would compete against them later with the same project, then cheered for each other as placings were announced.

Bent county sent twenty-six general and consumer science projects to the Colorado State Fair. Exhibits must place first in their class at the county fair to be eligible to compete at state fair. Eighteen of those exhibits placed in the top ten in their class at state Fair! Tyler Coulter won Grand Champion (the best of many classes placed together) with his photography project. Several Bent County youth exhibited livestock at the state fair, and placed very well. Three placed high enough in market livestock classes to sell in the Junior Livestock sale.



4-H





Cat in the Hat Visits Baca County Youth

Taking a few words from Dr. Suess, “You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose.” Baca County 4-H Cloverbuds and county youth ages 5 to 7 explored directions, chemistry, and baking among many other topics. Twenty-one youth engaged in a jam packed day of fun at the great day camp. Attendees went on an adventure to visit different aspects of Dr. Suess’ wonderful worlds of books and stories. Campers baked colorful cupcakes, launched rockets, made pets, played mad scientist, and even got a visit from the famous Cat in the Hat. We can’t wait to see what next year’s cloverbud camp theme has to hold! “If you never did you should. These things are fun. And Fun is good!”

Baca County Fair

“Cowboy Boots and Country Roots” was the theme for the 2016 Baca County Fair. This year’s festivities ran from Monday, August 1st, with 4-H General Projects kicking off the celebration, and ended with a bang on Saturday, August 6th, with wrap up events including a parade, community BBQ, and ranch rodeo.

All 4-H project category areas were very successful, with project quality continuing to increase. General Project areas included 146 exhibits across numerous disciplines. Those individuals participating in livestock/animal programs, including, sheep, swine, beef, horse, goat, rabbits, poultry, cats and dogs exhibited a total of 237 project animals. Needless to say, Baca County had a great set of shows, awards, and healthy competition throughout the week. In addition to class participation, 83 market exhibits were represented in the 2016 Baca County Junior Premium Livestock Sale.

Baca County 4-H and FFA members made a great showing at the Baca County fair. They continued their spectacular representation of the Baca County 4-H Programs at the Colorado State Fair in Pueblo, Colorado. From Baca County, 59 projects were displayed in the general project area, 9 individuals showed in youth livestock shows, and 21 individuals competed in State Shooting Sports. Individuals brought home several Grand and Reserve Grand Champion designations, and the Junior and Senior Traditional Compound Archery teams delivered a Grand Champion State Team performance to a very proud Baca County!

Planning for the 2017 Baca County Fair is already being set in motion, with hopes of record breaking success in the next year!

Cloverbud Day Camp

A Cloverbud Day Camp was held July 6, 2016 in Cheyenne Wells. The theme for the camp was “Find Your 4-H Superhero.” Six Cloverbuds from Cheyenne County, along with four regular 4-H members attended the camp. The regular 4-H members helped set up and run many of the activities. The morning started off with a variety

of ice breaker games. The Cloverbuds then attended workshops where they made fire-work paintings, decorated their own mask and cape, made fruit kabobs, and decorated a kryptonite cupcake. Following lunch the Cloverbuds attended a Superhero Training Camp, complete with crossing a pit of lava and leaping over tall buildings. There was also Super Hero games, a Kryptonite relay race, and Spiderman web tag. The last activity was a series of water games. The camp wrapped up with ice cream. All of those who attended commented on how much fun they had and how much they enjoyed an activity just for the Cloverbuds. Planning is already under way for next year's pirate themed camp.

Cheyenne County Fair

"Old Trails through Cheyenne County" was the theme of the 2016 Cheyenne County Fair. This year's fair included not only livestock shows, 4-H indoor projects, and open class, but a peewee livestock show, gymkhana, turtle races, a PRCA rodeo, and three widely attended free meals. The fair held August 1st through the 6th began with the judging of 4-H indoor projects. Eighty-two 4-H projects were judged, and of those forty-three qualified for the Colorado State Fair. Following the indoor project judging an auction of both food project items and cakes from the cake decorating projects were held. The following day was a horse show with eight participants from Cheyenne County and two from Kiowa County. There were thirty-two 4-H members and nine FFA members that exhibited livestock at the Cheyenne County Fair. Sixty-three animals were sold through the junior livestock auction. Plans are already in the works for the 2017 Cheyenne County Fair!

Crowley County Days

Crowley County Days took place during the third week of July. In addition to the annual festivities like mud bogging and the ranch rodeo, Crowley County Days is an opportunity for 4-H and FFA members to showcase their projects.

General exhibit numbers were on the rise this year, with 26 different exhibits on display from a number of Crowley County 4-H members. The featured projects ranging from cake decorating to gardening to rocketry.

Also growing this year was the Dog Show on July 26th. Four youth from Crowley County, as well as youth from Otero County, competed in Rally, Obedience, and Showmanship. The Dog Show was followed by the Poultry and Rabbit Shows. Thirteen youth from both counties participated with ducks, chickens, turkeys, breeding rabbits and market rabbits.

The livestock shows kicked off on July 27th with the Sheep, Swine, and Goat Shows. Four youth with multiple entries participated in the Sheep Show. Four also competed in



Crowley County Days (continued from page 8)

the Swine Show and ten competed in the various goat shows. The Beef and Dairy Shows finished the week off with four participants and one participant, respectively.

“From Far and Wide, Show Your Kiowa County Pride”

The 2016 Kiowa County Fair and Rodeo was held September 7th through 11th. The theme for this year’s fair was “From Far and Wide, Show Your Kiowa County Pride.” Livestock shows, a large display of open class exhibits, and many fun activities highlighted the fair. Of course it wouldn't be the Kiowa County Fair without horse races and a rodeo! There were thirty-two 4-H members and ten FFA members that exhibited livestock at the Kiowa County Fair. Seventy-one animals were sold through the junior livestock premium sale for a total of \$75,700!

On August 8th, general projects were judged. On this day 51 projects were exhibited. From those, 37 qualified for the Colorado State Fair. One of the many exciting activities of the day included a food auction, where 20 items were sold for a total of \$1,075.

This is a great representation of all the hard work and dedication put in by our members, volunteers, supporters, and our community members.

Arkansas Valley Fair

This year’s Arkansas Valley Fair theme was “Treasure the Memories”. Many new memories were made, as youth participated in the various 4-H and FFA shows and events.

The 4-H events of the Arkansas Valley Fair kicked off early with the dog show on August 8th, interview judging on the 13th, and the horse show on the 14th. Seventy Otero 4-H members participated in interview judging with 137 exhibits. Seventy of those exhibits went on to State Fair. The dog show had nine participants, some with multiple dogs. Five youth also participated at the State Fair 4-H Dog Trials. The horse show saw 20 participants with five also competing in the new ranch horse classes.

Weigh-ins for the market animals occurred on August 16th with the livestock shows kicking off the next day. First up was the rabbit show on the 17th. Eighteen members showed 48 rabbits this year. Following that was the goat show with 33 members showing 59 market goats and 10 members showing 22 breeding goats. The final show for August 17th was the swine show with 24 members showing 53 market hogs and four members showing four breeding hogs.



August 18th saw the dairy, beef, poultry, and sheep shows. Eight members participated in the dairy show with 33 goats and one cow. The beef show had 10 members showing 13 market beef and five members showing 10 breeding beef. The poultry show was a hit this year with eight exhibitors showing 50 chickens, 10 ducks, and 8 turkeys. The sheep show finished the day with 20 members showing 48 market sheep and five members showing eight breeding sheep. At the conclusion of the sheep show, the showmanship winners from all species were invited to participate in the Round Robin competition.

New this year was alumni showmanship. Alumni showmanship was held during the beef, sheep, swine, and goat shows and gathered a large number of participants in each species.

Friday, August 19th, all of the Grand Champion Winners rode in the Arkansas Valley Fair Parade on the "Parade of Champions" float. There was also a mock livestock judging contest for all youth. The highlight of Friday was the Annual Fat Stock Sale. Thanks to a group of very generous businesses and families, the Fat Stock Sale saw an increase of \$21,000 for a final tally of \$172,425.

Get Your Geek on Day Camps

Otero and Crowley County youth were encouraged to embrace their inner "mad scientist" at "Get Your Geek On" Day Camp. Get Your Geek On was held in Otero County on July 11th with 11 participants, six of whom were new to 4-H programs. It was held in Crowley County on July 13 with five participants, 4 of whom were new to 4-H.

The morning consisted of chemistry experiments where youth had the opportunity to spark their curiosity while practicing Science, Technology, Engineering, and Math (STEM) concepts like critical thinking, creativity, and describing. The chemistry experiments included making slime, "elephant toothpaste", and witches brew.

Afternoon activities were focused on physics and STEM careers. Youth competed in teams to build the largest balloon tower, built a solar cooker and made s'mores, and experimented with a LEGO NXT robot. Youth finished the day with STEM Career Bingo. One Otero County 4-H member stated that "Every job is a STEM job!"

Cloverbud Camp

"Ocean Science" was the theme for this year's Otero County Cloverbud Camp. AmeriCorps member, Chelsea Lewis, organized and led a variety of fun, ocean themed activities for six youth ages 5-7. Youth learned about the ocean and the animals that live in the ocean through a variety of activities.

They began the morning by drawing the layers of the ocean and the animals that live in each layer. Youth then made "ocean slime" and their very own jellyfish.





Cloverbud Camp (continued from page 9)

While teaching youth about science concepts was the priority for the camp, youth also learned more about 4-H. Learning the 4-H pledge and making 4-H placemats to take home were also highlights of the day. Overall, the Otero County “Ocean Science” Cloverbud Camp was an engaging, fun, and educational event for all involved.

Prowers County Fair, Sand and Sage Round-Up

The 2016 Sand and Sage Round-Up highlighted youth, community involvement and tons of fun. The fair featured a concert, Tough Enough to Wear Pink Night, Kid’s Day, open class exhibits and 4-H and FFA competitions. The community also pulled together to raise over \$5,000 for the Van Campen family.

We sent 51 projects to the Colorado State Fair and five contest participants including: fashion revue, horse, livestock, creative cooks, and shooting sports. All exhibitors did a superb job representing the diversity of youth interests and programming available. This was all made possible by the countless hours of time spent by our volunteer leaders and parents.

Holly Gateway Fair

The Holly Gateway Fair is a community fair with the intention of bringing members together in a competitive spirit through open and livestock classes. Youth competed in open, 4-H, FFA and livestock classes. Holly also serves as an additional opportunity for 4-H youth to complete their projects by displaying them in another venue within the county. Members entered foods, leadership and livestock. The Colorado State Fair projects were on display for all to see the success our county members achieved at the state level.

AmeriCorps

Otero County Extension has welcomed a new face to the office. Jessi Harris, of Manzanola, has recently started as the new AmeriCorps member serving Otero County. Jessi is a 2012 graduate of Manzanola High School and is currently pursuing her Associate’s Degree in Livestock Production at Otero Junior College. She has attended extensive training with AmeriCorps and will be a great asset to the community.

The focus of Jessi’s programming will be STEM programming in out-of-school settings. She is currently developing her first 6-hour after school program. The “Pasture to Plate” program will highlight Jessi’s interests and passions, while engaging youth in the process their food goes through to get to their dinner table. The program will feature range management, livestock production, and nutrition activities.

“The Trouble with Money” at the Summer Reading Program

A program at the Bent county Public Library Summer Reading Program focused on financial capability. After reading the Berenstain Bears “The Trouble with Money”, youth had fun decorating a bank. In the book, the Bear Cubs go from spending every penny they receive to being extremely stingy with their earnings. Eventually they find a balance of spending some, sharing some and saving some. While the youth had fun crafting their bank, discussion centered on saving money to reach goals.

Fermented Vegetables

The smell of sauerkraut, German for ‘sour cabbage’ may not be pleasant for everyone. Some of us like the taste, others do not. There is more to sauerkraut and other fermented foods. During the fermentation process Lactobacillus is produced. Lactobacillus is a beneficial bacteria that lives in the small intestine and is believed to improve digestion and gastronomic health.

Twelve individuals gathered in Springfield to learn more about fermented vegetables, the health benefits and the technique used to make sauerkraut. Each participant was able to create their own unique recipe of sauerkraut. Some of the items added included apples, onions, garlic, carrots, peppers and other spices.

Course evaluation showed that all participants felt that they could successfully prepare fermented vegetables on their own based on the information learned at the class. Other comments included: “that there are recipes for safe fermentation, not just guidelines,” “cleanliness is most important,” and “safety measures for handling products before and during fermentation is important.”



Pickling Resources

CSU Extension Fact Sheets: <http://www.ext.colostate.edu/pubs/pubs.html>

- Making Pickles
- Making Pickled Peppers
- Food Preservation Without Sugar or Salt

National Center for Home Food Preservation: www.uga.edu/nchfp

So Easy to Preserve

USDA Complete Guide to Home Canning (1994 or newer)

Ball Blue Book

Ball Complete Book of Home Canning

Family & Consumer Science





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As one season ends and another begins so do the activities with CSU Extension. Over the summer the agents were involved in many youth activities. You can see in this report all counties in the Southeast Area had successful fairs. Counties are completing the 4-H year by celebrating the member's achievements. The new 4-H year begins in October with a refreshed energy by members thinking about projects they will enroll in and agents thinking about new educational opportunities for local youth.

The southeast area is currently short one agent. The Kiowa County agent Brittany Bowman decided to return to school and pursue a graduate degree. The position has been announced and the search committee is in the process of reviewing applications.

As always, call your local agent or myself if there are issues in your community that you feel extension should be involved in or can offer assistance.

Jennifer Wells
Southeast Area Director



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Kiowa County P.O. Box 97 Eads, CO 81036 719-438-5321	Otero County 411 North 10th St. Rocky Ford, CO 81067 719-254-7608	Prowers County 1001 S. Main St. Lamar, CO 81052 719-336-7734	

<http://www.coopext.colostate.edu/SEA/>